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ACUSTIMULATION

8th November 2026
Mama Midwifery
38 Gatehouse Drive
Kensington
9.30am to 3.30pm

A **one-day face-to-face ACUSTIMULATION workshop** for health professionals/birth workers caring for women during pregnancy, labour, birth and the postnatal period.

Gift pack includes: 2 cups, 1 moxa stick, 1 gua sha, 10 press pellets, 2 acupressure bands.

Access to Acustimulation support group for ongoing mentoring.

Workshop Outline
Preparation for birth – what tools can be used for cervical ripening and birth preparation
Acupressure for pain relief in labour, troubleshooting challenging situations
Adapting to medical interventions, such as induction, epidural and EFM
Bringing it all together – preparing prospective parents and midwives

Tutors: Dr Kate Levett (PhD) and Heidi Williams (RM/PPEM, PhDc)

If you are interested in attending our Acustimulation workshop, please complete the below registration form and email acuneedling@gmail.com

All materials, and morning and afternoon tea are included.

Workshop cost is \$400.00. Limited to 20 spaces!

Bank details are Heidi Williams BSB: 182-182 ACCT: 011196052

Registration

Name DOB.....

Address

Phone number/s.....Email address.....

