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# ACUSTIMULATION

**12<sup>th</sup> July 2026**  
**Sunshine Coast**  
**9.00am to 5.00pm**

A **one-day face-to-face ACUSTIMULATION workshop** for health professionals/birth workers caring for women during pregnancy, labour, birth and the postnatal period.

Gift pack includes: 2 cups, 1 moxa stick, 1 gua sha, 10 press pellets, 2 acupressure bands.

Access to Acustimulation support group for ongoing mentoring.

## Workshop Outline

Preparation for birth – what tools can be used for cervical ripening and birth preparation

Acupressure for pain relief in labour, troubleshooting challenging situations

Adapting to medical interventions, such as induction, epidural and EFM

Bringing it all together – preparing prospective parents and midwives

**Tutors:** Dr Kate Levett (PhD) and Heidi Williams (RM/PPEM, PhDc)

If you are interested in attending our Acustimulation workshop, please complete the below registration form and email [acuneedling@gmail.com](mailto:acuneedling@gmail.com)

All materials, and morning and afternoon tea are included.

**Workshop cost is \$400.00. Limited to 20 spaces!**

Bank details are Heidi Williams BSB: 182-182 ACCT: 011196052

## Registration

Name ..... DOB.....

Address .....

Phone number/s.....Email address.....

