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Dates

Online theory component
 Face to face workshop
 14th and 15th August 2025

Location

Stanton Library Conference Room
 North Sydney
 9am to 5pm

Online modules and a two-day face-to-face workshop using Acuneeding (needling by midwives) during pregnancy, labour, birth and the postnatal period. Online includes modules with videos on locating, palpating and needling acupoints, needling and Traditional Chinese Medicine (TCM) theory with assessments (quizzes, short answer, case histories). Two case reports after the workshop are required before certificate is awarded plus access to Acuneeding for Midwives support group for ongoing mentoring. 14 hours CPD and as many hours as it takes to complete the online theory.

Online modules include acupoints for the following conditions
Emotional points including anxiety and birth fear/trauma
Pre-birth treatment to facilitate an efficient labour and labour activation
Labour conditions such as pain, cervical lip, labour dystocia and retained or delayed placenta
Malpresentation and malposition plus an ECV protocol
Intrauterine death, threatened miscarriage, PIH, IUGR, itching, thrush, oedema and anaemia
Common conditions of pregnancy
Postnatal mother warming, milk let down, mastitis and after birth pains

Face to Face workshop	
August 14th 2025 – Thursday workshop	August 15th 2025 – Friday workshop
Introductions	Previous day revision
Discussion and acupoints	Practical
Safety of needling	Competency assessment
Practical	Conclusion and evaluation





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Tutors:

Kate Levett

Kate is a practitioner and researcher, with over 20 years' experience as an acupuncturist, researcher, birth educator and teacher. She is a Senior Research Fellow at the School of Medicine Sydney, at the University of Notre Dame Australia. Kate is a specialist in pregnancy and birth, and completed her PhD investigating the use of complementary therapies for pain relief in labour.

Kate is a Mentor for the MAMPs program (Maternity Acupuncture Mentoring and Peer support) and has completed the 'Labour and Delivery Clinical Intensive' training for maternity acupuncturists at NYU Langone Hospital in Brooklyn. She is a consultant for the BUB App, Hypnobirthing Australia™, CalmBirth™, Lamaze International and the Obstetrical Acupuncture Association in Canada. She has produced an online video course on acupressure and massage techniques for labour for parents and practitioners to access.

Heidi Williams

Heidi is a privately practising endorsed midwife on the Central Coast, NSW. She has completed a Master of Midwifery in acupuncture research and is currently a PhD candidate at Edith Cowan University investigating Acuneedling for posterior, deflexed and/or asynclitic babies. She is also an academic at the University of Newcastle. Heidi is a board member of the Obstetrical Acupuncture Association, on the editorial and advisory board of the Practising Midwife Journal Australia and contributes as an editor for the Australian Midwifery News magazine.

If you are interested in an Acuneedling course, to assist women with options and choice, and to broaden your midwifery practice, please email your interest or questions. Alternatively, please complete the registration details below and forward to acuneedling@gmail.com

Cost is \$1400.00 and includes all materials, ongoing mentoring, morning and afternoon tea. A payment plan can be organised if required.

Registration

Name DOB.....

Address.....

PhoneEmail.....

